Mandarin Spinach Salad with Sugared Almonds



head of green leaf lettuce
 head of red leaf lettuce
 (or use any other greens you like, such as spinach)
 large can of mandarin oranges, drained
 red onion, thinly sliced (I don't usually add this)
 bag of dried cranberries
 Sugared Almonds (see below)
 Dressing (see below)

Combine lettuce, oranges, onion, and cranberries in a large bowl. Toss with dressing and sprinkle with almonds. Serve immediately.

Sugared Almonds

cup sliced almonds
 tablespoon butter
 2 tablespoons sugar, depending on how sweet you like your nuts)

Melt butter in a skillet over medium heat. Add almonds, and toast, stirring frequently, until almonds are light brown, about 5 minutes. Toss with sugar, and spread almonds on a plate to cool.

Dressing

1/4 cup oil (olive, canola, etc)
2 tablespoons red wine vinegar
1/2 teaspoon salt
dash pepper
1 teaspoon dry parsley
2 tablespoons sugar
dash of Tabasco

Combine ingredients in a jar with a tight-fitting lid and shake until combined. www.thefrugalgirl.com